



Water Safety Huddle | Build Your Family's Plan

Water safety isn't something you check off once. It's a series of intentional layers. Each layer acts as a Plan B. If one layer fails, another is there to step in and help protect a child. Think of it like packing for an outing with kids. You don't walk out the door hoping for the best, you prepare. You bring what you need. You think ahead. You pack for the "what ifs." And you always have a backup plan. Water safety works the same way.

You don't rely on just one line of defense. You pack layers, on purpose, with intention, so that if one slips, another is ready to catch. Let's talk about how to build those layers and use them, so you can remain prepared every time your child is in or around water.

Part 1: Water Safety Huddle

A. Gather the adults in your child's life for a 10-Minute Water Safety Huddle.

Together, discuss five key things:

1. Where and when will we be around water?
2. What are our biggest risks?
3. Who knows CPR?
4. What water skill does each child currently have?
5. What is our non-negotiable family rule around water?

B. Then establish the roles ahead of time. When things are clear Before the Splashes begin, seconds aren't lost figuring it out in the moment.

- Decide:
- Who watches the water
 - What the pool rules are
 - What adults should do if a child falls in
 - What the emergency plan is
 - What color swimwear we're choosing to buy this season

From this conversation, complete your **Water Safety Snapshot** – a simple plan your family can use all season long.

Our Water Watcher is _____
for _____ minutes.

Our water barriers: _____

Our pool rule: _____

Our child's water skills: _____

Our plan if they fall in: _____

Our emergency plan: _____

Our swimwear colors: _____

To download a printable version of the Water Safety Snapshot to use before every water outing, [click here](#).

Part 2: The 'Before the Splashes' Family Water Check

Once the plan exists, families use it for a 2-minute check before every water activity.



Eyes On

Who is the Water Watcher today?



Clock

How long is each supervision shift?



Water Barriers

Gates closed + locked?
Door alarms on?



Family Rules

Ask permission with a high five to get in the water. Stay within arms reach.



Swim Skills

Does my child know what to do if they fall in?



Emergency Ready

Do the adults know CPR?



Bright & Seen

Are kids wearing bright swim colors? What is today's color?



For all your water safety needs, visit: www.watersafeswim.com

